

# Health Screening Packages



Appointment
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#### **HEALTH SCREENING**

Our present day life style makes it mandatory for all of us to undergo routine Health Screening, at least once a year. In addition to increasing stressful lifestyle people are also more health conscious today. This is where Health Screening plays a big role. Recognizing and treating potentially harmful conditions earlier, rather than later, is more effective and less costly and prevents future complications.

We recommend a basic evaluation of normal health for men and women over 25 years of age.

#### **Respect for Your Valuable Time**

Our staff recognizes and respects your valuable time. We strive to minimize waiting time between services and most examinations are completed within half-a-day visit. Results of some of the investigations take more than half-a-day to come in. You will be given a date to come again, when our physician will explain the results of the tests and discuss and advise you of any other examinations you may need to go through or if you should see a consultant of any specialised field. If required our physician will make an appointment for one of our specialists to see you.

#### **Note**

- It will take few hours to complete all the tests.
- In case of any doubt, please contact the Executive Health Screening centre located on the 1st floor of United Hospital.
- Please ensure you have made a follow-up appointment with the doctor.
- We accept payment by Cash and Credit Card.

### EXECUTIVE HEALTH SCREENING PACKAGE

The Executive Health Screening Program is a unique healthcare package that combines a comprehensive physical examination with exclusive personal services. The program includes preventive screening tests developed to meet the needs of most individuals. Your satisfaction is our foremost objective.

#### **EXECUTIVE BASIC CHECK-UP (MALE)**

- CBC & ESR
- Liver Function Test
- · Renal Function Test
- · Fasting Blood Sugar
- 2 Hours Post Prandial
- Fasting Lipid Profile
- Serum PSA
- Serum Calcium
- Serum Phosphate
- TSH
- Blood Grouping & Rh Typing
- Urine R/E
- ECG

Tariff BDT 9,000.00



- X-Ray Chest P/A View
- Stool R/E
- Diet Counseling
- Consultation with Physician

#### EXECUTIVE BASIC CHECK-UP (FEMALE)

- CBC & ESR
- Liver Function Test
- Renal Function Test
- · Fasting Blood Sugar
- · 2 Hours Post Prandial
- Fasting Lipid Profile
- Rubella IgM (for women below the age of 40)
- Serum Calcium
- Serum Phosphate
- TSH
- Blood Grouping & Rh Typing
- Urine R/E
- ECG



- X-Ray Chest P/A View (not applicable in case of pregnancy)
- Stool R/E
- Diet Counseling
- Consultation with Physician

Tariff BDT 9,000.00

#### **EXECUTIVE PREMIER CHECK-UP (MALE)**

- CBC & ESR
- Liver Function Test
- · Renal Function Test
- · Fasting Blood Sugar
- 2 Hours Post PrandialFasting Lipid Profile
- Serum PSA
- Serum Calcium
- Serum Phosphate
- TSH
- Blood Grouping & Rh Typing
- Hepatitis B & C Screening
- Urine R/E

Tariff BDT 12,000.00



- ECG
- X-Ray Chest P/A View
- Ultrasonogram of Whole Abdomen
- Stool R/E
- Diet Counseling
- Consultation with Physician

#### **EXECUTIVE PREMIER CHECK-UP (FEMALE)**

- CBC & ESR
- · Liver Function Test
- · Renal Function Test
- · Fasting Blood Sugar
- · 2 Hours Post Prandial
- · Fasting Lipid Profile
- Rubella IgM (for women below the age of 40)
- Serum Calcium
- Serum Phosphate
- TSH
- Pap Smear / Vault Smear
- · Blood Grouping & Rh Typing
- Hepatitis B & C Screening
- Urine R/E
- ECG
- Ultrasonogram of Whole Abdomen



- X-Ray Chest P/A View (not applicable in case of pregnancy)
- Stool R/E
- Mammogram (X-Ray Breast)\* or Ultrasonogram Breast
- Diet Counseling
- Consultation with Physician

<sup>\*</sup> Mammogram for those above 35 years of age

### WHOLE BODY CHECK-UP (MALE) (Below 45 Years)

- CBC & ESR
- Fasting Blood Sugar
- 2 Hours Post Prandial
- HbA1C
- Urine Micro Albumin
- Liver Function Test
- · Fasting Lipid Profile
- Serum Bilirubin (Direct-Indirect)
- Gamma GT
- Total Protein
- Serum Albumin
- Serum Globulin
- Renal Function Test
- · Serum Potassium
- Serum Calcium
- Serum PSA
- TSH
- FT4
- Serum Electrolytes
- Blood Grouping & Rh Typing
- Urine R/E
- Stool R/E
- X-Ray Chest P/A View
- Ultrasonogram of Whole Abdomen
- ECG
- ECHO 2D
- ETT
- · Diet Counseling
- · Consultation with Physician

#### Tariff BDT 20,500.00



### WHOLE BODY CHECK-UP (MALE) (Above 45 Years)



- CBC & ESR
- Fasting Blood Sugar
- · 2 Hours Post Prandial
- HbA1C
- Urine Micro Albumin
- Liver Function Test
- Fasting Lipid Profile
- Serum Bilirubin (Direct-Indirect)
- Gamma GT
- Total Protein
- Serum Albumin
- Serum Globulin
- · Renal Function Test
- Serum Potassium
- Serum Calcium
- Serum PSA
- TSH
- FT4
- Serum Electrolytes
- · Blood Grouping & Rh Typing
- Urine R/E
- Stool R/E
- X-Ray Chest P/A View
- · Ultrasonogram of Whole Abdomen
- ECG
- ECHO 2D
- ETT
- BMD Scan
- Diet Counseling
- · Consultation with Physician

### WHOLE BODY CHECK-UP (FEMALE) (Below 35 Years)

- CBC & ESR
- Fasting Blood Sugar
- · 2 Hours Post Prandial
- HbA1C
- Urine Micro Albumin
- Liver Function Test
- Fasting Lipid Profile
- · Serum Bilirubin (Direct-Indirect)
- Gamma GT
- Total Protein
- Serum Albumin
- Serum Globulin
- Renal Function Test
- Serum Potassium
- Serum Calcium
- · Pap Smear / Vault Smear
- TSH
- FT4
- Serum Electrolytes
- Blood Grouping & Rh Typing
- Urine R/E
- Stool R/E
- X-Ray Chest P/A View (Not applicable in case of pregnancy)
- Ultrasonogram Breast
- Ultrasonogram of Whole Abdomen
- ECG
- ECHO 2D
- ETT
- Diet Counseling
- Consultation with Physician

#### Tariff BDT 22,300.00



### WHOLE BODY CHECK-UP (FEMALE) (Above 35 Years)

- CBC & ESR
- Fasting Blood Sugar
- · 2 Hours Post Prandial
- HbA1C
- Urine Micro Albumin
- Liver Function Test
- Fasting Lipid Profile
- · Serum Bilirubin (Direct-Indirect)
- Gamma GT
- Total Protein
- Serum Albumin
- Serum Globulin
- Renal Function Test
- Serum Potassium
- Serum Calcium
- Pap Smear / Vault Smear
- TSH
- FT4
- Serum Electrolytes
- Blood Grouping & Rh Typing
- Urine R/E
- Stool R/E
- X-Ray Chest P/A View (Not applicable in case of pregnancy)
- Mammogram
- · Ultrasonogram of Whole Abdomen
- ECG
- ECHO 2D
- ETT
- BMD Scan
- Diet Counseling
- Consultation with Physician

Tariff BDT 28,000.00



#### LIVER SCREENING PACKAGE

- Serum Bilirubin
- SGOT
- SGPT
- Fasting Lipid Profile
- Alkaline Phosphate
- Gama GT
- HBsAg
- Anti HBs
- HCV

- AFP (Alpha Feto Protein)
- · Blood Grouping & Rh Typing
- Ultrasonogram -Hepatobiliary System
- · Fibro Scan of Liver
- Stool R/E
- Diet Counseling
- Consultation with Physician

Tariff BDT 11,000.00

#### STROKE SCREENING PACKAGE

- CBC & ESR
- Fasting Blood Sugar
- · 2 Hours Post Prandial
- BT, PT, APTT
- Fasting Lipid Profile
- . BUN, Creatinine, Uric Acid
- SGPT, SGOT & Alkaline Phosphate
- X-Ray Chest P/A View
- Urine R/E
- ECG
- Echo 2D
- · Carotid Doppler
- · Consultation with Physician

Tariff BDT 10.000.00

#### ADVANCED STROKE SCREENING PACKAGE

- CBC & ESR
- Fasting Blood Sugar
- · Fasting Lipid Profile
- ECG
- Echo 2D
- Carotid Doppler
- CT Scan of Brain
- Consultation with Physician

Tariff BDT 12,000.00

#### CARDIAC SCREENING

Heart disease is one of the leading causes of death in the world but also one that can be found and cured if patients take the time for screening examinations. Traditionally it has been thought that cardiac disease was one that principally attacked males. More recent work has shown, however, that in older age groups the risks to women are equally worrying. Female patients should also undergo cardiac testing, especially if there is a family history of heart disease.

United Hospital offers cardiac screening programs that provide a thorough assessment of one's cardiac status and can identify treatment or lifestyle changes that will lower the chance of developing serious heart problems in the future.

#### **CARDIAC SCREENING PACKAGE-1**

- ECG
- ECHO 2D
- ETT
- X-Ray Chest P/A View
- Fasting Blood sugar
- 2 Hours Post Prandial
- Fasting Lipid Profile
- Serum Creatinine

- CBC & ESR
- Blood Grouping & Rh Typing
- Urine R/E
- Stool R/E
- Diet Counseling
- Consultation with Physician

#### **Tariff BDT 8,000.00**

#### **CARDIAC SCREENING PACKAGE-2**

- CT Angiogram
- ECG
- ECHO 2D
- X-Ray Chest P/A View
- Fasting Lipid Profile
- Fasting Blood Sugar
- 2 Hours Post Prandial
- · Serum Creatinine
- CBC & ESR
- Blood Grouping & Rh Typing
- Urine R/E
- Stool R/E
- Diet Counseling
- Consultation with Physician



#### OSTEOPOROSIS CHECK-UP

- To rule out generalized osteoporosis (loss of calcium from bones due to old age and endocrine dysfunctions).
- Identify loss of calcium from bones causing arthritis and fractures of bones with minor trauma.

#### Who should do it:

- Elderly age group both male and female having generalized bone and joint pain.
- Post menopausal woman having bone and joint pain
- Patients suffering from long standing Diabetes, Hyperparathyroidism and other Endocrine problems.
- Elderly patients suffering from chronic back pain.
- · Patients suffering from Cancer.

#### PACKAGE FOR OSTEOPOROSIS

CBC & ESR

- Serum Creatinine
- Serum Alkaline Phosphate
- Serum Calcium
- Serum Inorganic Phosphate/
- Phosphorus Serum PTH (Parathyroid
- Hormone) TSH
- Blood Grouping & Rh Typing
- X-Ray Dorso-Lumber Spines
- AP and Lateral Views **BMD Scan**
- Stool R/E
- Diet Counseling
- · Consultation with Physician

Tariff BDT 15,000.00



#### CHILD CHECK-UP PACKAGE

- CBC & ESR
- Random Blood Sugar
- Blood Grouping & Rh Typing
- HBsAg
- Urine R/E
- Stool R/E
- X-Ray Chest P/A View
- · Ultrasonogram of Whole Abdomen
- Diet Counseling
- Consultation with Physician

Tariff BDT 5,000.00



Diabetes means our blood glucose (often called blood sugar) is too high. Our blood always has some glucose in it because our body needs glucose for energy to keep us going. But too much glucose in the blood isn't good for our health.

#### Why do we need to take care of our diabetes?

After many years, diabetes can lead to serious problems with our eyes, kidneys, nerves, gums and teeth. But the most serious problem caused by diabetes is heart disease.

#### **DIABETIC CHECK-UP PACKAGE**

- CBC & ESR
- Fasting Blood Sugar
- 2 Hours Post Prandial
- SGPT
- Blood Grouping & Rh Typing
- HbA1C
- Fasting Lipid Profile
- · Renal Function Test
- Urine R/E
- Urine Micro Albumin
- ECG
- X-Ray Chest P/A View



- Stool R/E
- Diet Counseling
- · Consultation with Physician



#### **EYE CHECK-UP PACKAGE**



- Computerized Eye Testing
- · Consultation with Physician

Tariff BDT 2,000.00

#### **Glaucoma Screening Test**

- Optic Disc Analysis by Volk 78 lens
- Computerized Visual Field Analysis (HFA)
- Intra Ocular Pressure Measurement by Applanation Tonometer
- Colour Fundus Photography (CFP)
- · Consultation with Physician

Tariff BDT 5,000.00



#### **Cataract Screening Test**

- Slit Lamp Examination Test
- Ophthalmoscopic Examination Test
- Consultation with Physician

Tariff BDT 2,000.00

#### Diabetic Eye Screening Test

- Direct and Indirect Ophthalmoscopic Examination
- Fundus Fluorescein Angiography (FFA)
- Colour Fundus Photography (CFP)
- Consultation with Physician

Tariff BDT 5,000.00





#### **Dry Eye Screening Test**

- Schirmer's Test
- · Consultation with Physician

Tariff BDT 2,500.00

#### **CANCER SCREENING PACKAGE (MALE)**

- CBC & ESR
- Blood Grouping & Rh Typing
- Serum PSA
- Stool Occult Blood
- X-Ray Chest P/A View
- Ultrasonogram of Whole Abdomen
- Diet Counseling
- · Consultation with Physician

#### Tariff BDT 5,500.00

#### Additional Investigations:

Depending on test results and doctor's consultation, patient may need the following investigations which will be charged separately.

- CA-125-Serum (Cancer Antigen-125-Serum)
- CEA (Carcino Embryonic Antigen)
- · AFP (Alpha Feto Protein)
- FNAC/Biopsy

#### **CANCER SCREENING PACKAGE (FEMALE)**

- CBC & ESR
- · Blood Grouping & Rh Typing
- Pap Smear
- Stool Occult Blood
- X-Ray Chest P/A View
- Ultrasonogram of Whole Abdomen
- Mammogram (X-Ray Breast)\* or Ultrasonogram Breast
- Diet Counseling
- Consultation with Physician

\* Mammogram for those above 35 years of age

#### Tariff BDT 7,000.00

#### **Additional Investigations:**

Depending on test results and doctor's consultation, patient may need the following investigations which will be charged separately.

- CA-125-Serum (Cancer Antigen-125-Serum)
- CEA (Carcino Embryonic Antigen)
- AFP (Alpha Feto Protein)
- FNAC/Biopsy

#### THYROID CHECK-UP

The thyroid is a small gland, shaped like a butterfly that rests in the middle of the lower neck. Its primary function is to control the body's metabolism (rate at which cells perform duties essential to living). To control metabolism, the thyroid produces hormones, T4 and T3, which tell the body's cells how much energy to use.

#### THYROID CHECK-UP PACKAGE

- FT3
- FT4
- TSH
- Consultation with Physician

Tariff BDT 4,000.00



#### INSTRUCTIONS FOR PATIENT

- 1. Report to registration desk by 8.00-9.00 am.
- To give any fasting sample, complete fasting of 10 hours prior to the test is preferred (you may drink plain water).
- 3. Do not take any medication, alcohol or cigarettes in the morning.
- Please wear loose and comfortable clothing as you may have to change clothes for X-Ray/ Ultrasonogram.
- For Ultrasonogram of whole abdomen patient needs to be on minimum 6 hours fasting state with enough water to drink to have urine urge and pressure. Refrain from passing urine prior to Ultrasonogram.

#### SPECIAL INSTRUCTION FOR WOMEN

Pregnant women or those suspecting pregnancy are advised to consult the doctor before under going X-Ray/Mammogram.

## Exceptional People...... Exceptional Care





Plot 15 Road 71 Gulshan, Dhaka 1212 Bangladesh info@uhlbd.com 
facebook.com/uhlbd

info@uhlbd.com

facebook.com/uhlbd

info@uhlbd.com

facebook.com/uhlbd

info@uhlbd.com

facebook.com/uhlbd

info@uhlbd.com

facebook.com/uhlbd

info@uhlbd.com

facebook.com/uhlbd

info@uhlbd.com

facebook.com/uhlbd

info@uhlbd.com

facebook.com/uhlbd

info@uhlbd.com

facebook.com/uhlbd

info@uhlbd.com

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info@uhlbd.com

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info@uhlbd.com

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info@uhlbd.com

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info@uhlbd.com

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info@uhlbd.com

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info@uhlbd.com

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info@uhlbd.com

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info@uhlbd.com

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info@uhlbd.com

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info@uhlbd.com

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info@uhlbd.com

facebook.com/uhlbd

info@uhlbd.com

facebook.com/uhlbd

info@uhlbd.com

facebook.com/uhlbd

info@uhlbd

i www.uhlbd.com

#### Information Centre

Chittagong

R I Tower (Ground Floor) 23/A M M Ali Road Golpahar Mor Mehdibag Chittagong

Cell: 01914001210

Sylhet

21 Niloy Gour Govinda Tila Road (Behind Muktijoddha Complex Near Noorjahan Clinic) Chowhatta, Sylhet Cell: 01914001211

Effective from 1st November 2018